

SKINDUSTRY™ TREATMENT CARE

ANTI WRINKLE INJECTION

Following your treatment, Skindustry™ recommend that you follow all aftercare to ensure the best results possible. Treatment usually takes 3 to 5 days to begin working, the full effect resulting approximately 2 weeks following the treatment.

Pre Treatment Care

- Some medications may need to be discontinued for 7 days prior to treatment, medications such as; aspirin and ibruprofen. Please let your Skindustry nurse/doctor/dentist know if you have taken any new medications.
- If you have ever had a cold sore around the mouth or near the injection site, be sure to talk to your Skindustry nurse/dentist/doctor before treatment.
- Sunbeds, waxing, electrolysis, threading and laser should be avoided 2 weeks prior to treatment
- Avoid alcoholic beverages at least 24 hours prior to treatment to reduce the risks of bruising. Pin-point bruising at the injection site is most common.
- Bruising may be reduced by starting arnica tablets two days before treatment, and continuing post treatment.

Aftercare

- Try to contract the treated muscle areas for up to four hours after treatment, by frowning and lifting eyebrows to allow the toxin to reach all of the treated muscle(s).
- Do not lie down for four hours after the injections. It is also recommended that you don't bend down, or do strenuous or aerobic exercise immediately after treatment. Please wait 48 hours before doing so.
- You should avoid aggressive skin manipulation for up to one week after treatment. Do not rub or massage the area, as this can cause the toxin to spread beyond the treated area.
- Avoid treatments such as microdermabrasion, laser hair removal and electrolysis for 2 weeks after treatment, to prevent the toxin spreading beyond the treated area.
- No crash helmets, hard hats or scuba diving masks should be worn for 1 week after treatment to prevent excessive pressure on the area.
- If bruising develops then you can apply ice periodically, on and off for 10 minutes, followed by Arnica cream.

- Mineral based make up can be applied post procedure. Non-mineral based make up can be applied as normal 24 hours after treatment.
- Paracetamol can be taken for mild pain post procedure, as some clients may experience a mild head ache after treatment.
- Do not take aspirin, ibuprofen or other anti-inflammatory medication as this may increase bruising.
- Avoid the use of heat treatments, or other situations where your body will be subject to increased heat, for 48 hours after treatment. (Avoid sun beds and saunas for 3-4 days after the procedure).

If you feel that you may be experiencing any side effects, are unsure about anything, or if you are uncertain with the results, please do not hesitate to contact Skindustry™, so we can resolve any issues. Skindustry™ will arrange a follow up appointment 2 weeks after treatment where any adjustments will be made.